

FUN *for the whole family!*

3rd Annual

Jordan River Natural Areas Forum



GET INTO THE RIVER

MAY 14, 2005

Held at Paul Workman Park in
South Salt Lake
(2300 South 900 West)

10:00am to 2pm EVENTS

Free native plant seedlings will be given to the first 50 children.

A geocaching hunt, canoeing, historic tour and nature walk are scheduled

Organizations and agencies will have displays and information on what you can do to enjoy and protect the Jordan River.

Tree planting, park dedication and other activities are also planned.

9:00am- Breakfast for \$2.00 a plate.

10:00am-A 5K fun Run/Walk includes shirt.

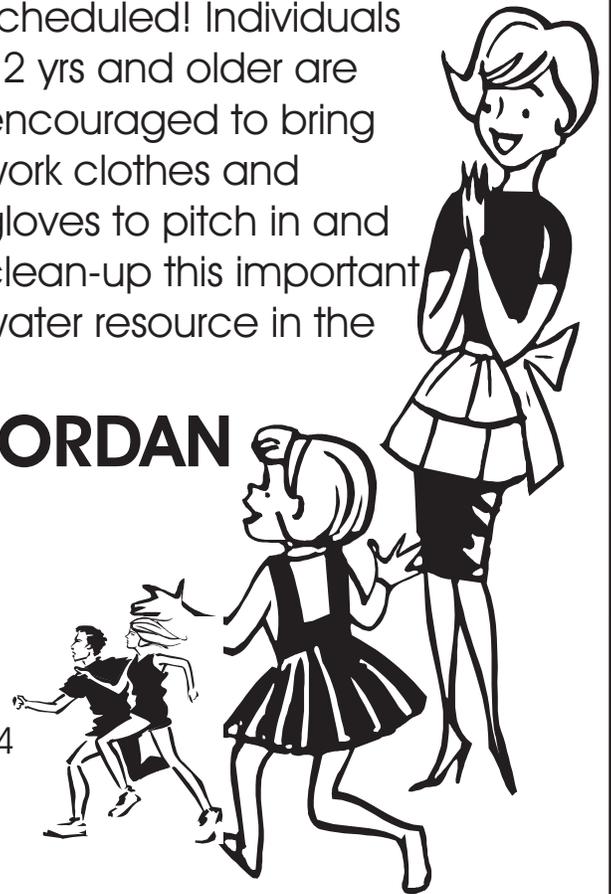
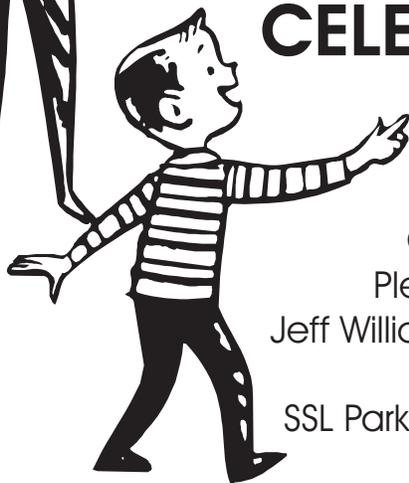
Pre-or on site registration required . T-shirts will also be for sale on-site.

11:00am - A Jordan River Parkway Clean-up is scheduled! Individuals 12 yrs and older are encouraged to bring work clothes and gloves to pitch in and clean-up this important water resource in the

CELEBRATE the JORDAN

QUESTIONS

Please contact
Jeff Williams 263-3204, x104
or
SSL Parks & Rec. 412-3218



5K Fun Run / 5K Walk / Family Event

At The 3rd Annual

Get Into the River: Celebrate the Jordan!!

Sponsored by the Foundation for the Provo-Jordan River Parkway
and the Jordan River Natural Areas Forum

Saturday, May 14th – 10:00 AM Start

Paul Workman Park – 2300 South 900 West, South Salt Lake

5K Fun Run and 5K Walk for Families

A loop course on asphalt paving starting at Paul Workman Park in South Salt Lake. The course, which crosses three pedestrian bridges, will follow the Jordan River Parkway south from the starting line, and then cross to the west side of the river and head north toward the Redwood Trailhead Park before again crossing the river and returning to Paul Workman Park. Ribbons for the run and the walk 3-deep in each age classification: younger than 10, 10-12, 13-15, 16-19, over 70, and every five years in between. Medals for top three overall in open and masters divisions. Random prize drawing after the conclusion of the run/walk.

Additional Activities for Families

Western breakfast served from 9:00 – 10:30 AM (additional cost); Park dedication ceremony at 9:30 AM; During the run/walk and continuing until 2:00 PM, there will be FREE activities and displays centered around the Jordan River Parkway environment including wildlife displays and viewing, canoeing, tree planting, orienteering, geo-caching, and other fun and interesting topics.

Registration Fees (run/walk):

Pre-registration (post marked on or before April 27, 2005): \$15 for first family member, \$7 for each additional family member (living at the same address). Day-of-race registration (from 8:30 AM to 9:45 AM): \$20 and \$10. T-Shirt guaranteed on day of race for pre-registered participants only. All others may be picked up after May 28th from Jeff Williams at the Natural Resources Conservation Service Murray Service Center at 5370 S. 1030 W., Suite 100 in Murray.

Please make checks payable to: The Foundation for the Provo-Jordan River Parkway

Mail entries to: Kent Player, 5370 S. 1030 W., Suite 100, Murray, UT 84123

For Further Information Contact: Jeff Williams at 801-263-3204 ext. 104 or Julie Nelson at 801-643-4352

Name _____ Age _____ Sex _____ Ph# _____

Address _____ E-mail Address _____

City _____ State _____ Zip _____ 5K Run _____ 5K Walk _____

Signature _____

Signature of Parent or Guardian _____

(required for participants under the age of 18)

Signing above releases all sponsors of any legal liability and testifies that you have independent medical insurance for the above athletic event which you are aware is extremely hazardous.

5K Running Race Sanctioned by USATF Utah

3rd Annual

Get Into the River: Celebrate the Jordan!!

Saturday, May 14, 2005 9:00 AM – 2:00 PM

Paul Workman Park
2300 South 900 West
South Salt Lake

Fun Activities for the whole family!!!

Western breakfast served from 9:00 – 10:30 AM

Small cost/great food!!

Park dedication ceremony at 9:30 AM

5K fun run/5K walk 10:00 AM start

Registration required

Free Activities and Displays from 10:00 AM and continuing until 2:00 PM:

Wildlife displays and viewing

Canoeing

Tree planting

Orienteering

Geo-caching

Other fun and interesting topics

Join your friends and neighbors from all over the valley for a fun filled adventure!!

For more information contact:

Jeff Williams, 263-3204 ext. 104

South Salt Lake Parks and Recreation,
412-3217

or go to: www.governor.utah.gov/planning/jrnaf.htm

Directions to JRNAF's 3rd Annual
“Get Into the River: Celebrate the Jordan!!”

Held at Paul Workman Park in South Salt Lake, approx. 2300 South 900 West

Option 1. Take I-15 to SR-201 west, exit at 900 West. Turn south and proceed to 2300 South, turn west to park entrance.

Option 2. Using SR-201 eastbound, exit at 900 West. Turn south and proceed to 2300 South, turn west to park entrance.

Option 3. Using Redwood road, turn east at 2320 South. Travel east to the end of the road and park in the Redwood Trail Head Park. Walk across the bridge to the celebration site in Workman Park.

Option 4. On 3300 South (east or west bound), proceed to 900 West, turn north and travel to 2300 South. Turn west to park entrance.